


Junior & Senior Infants
20th April- 24th April 2020
Learning Opportunities & Daily Routine

The layout and content are suggestions. It is not compulsory to follow or complete.

*Anything marked with * has accompanying resources in the resource section on the website*

	Monday	Tuesday	Wednesday	Thursday	Friday
Before 9.00am	Wake Up - Eat breakfast, make your bed, get dressed, brush your teeth, etc.				
9.00 - 9.30	Work Out - Joe Wicks (Body Coach) - Daily Gym session - Click Here				
9.30-10.30	<p><u>Literacy -Phonics</u> <u>Junior Infant Phonics</u></p> <p>https://slp.cjfallon.ie/ -Follow the above link and click into Sounds Like Phonics A. Then go into Unit 4: The Zoo and select 'Z'.</p> <p>-Begin with the mystery boxes activity and work your way through the different activities.</p> <p>-Listen to the Jolly Phonics 'Z' song (song is at 7mins 13 sec) https://www.youtube.com/watch?v=J1ZludcLy8</p> <p>-Practice writing the letter 'z' with your child.</p> <p>-Call out the following words (zip, zap, zag, zed) and get the</p>	<p><u>Literacy – Sight Words</u></p> <p><u>Junior Infants</u></p> <p>-New words: (of, go) -Revision of sight words flash cards look, see, I, have, the, my, was, we, to, he, here, is, are, has.</p> <p>-If you have magnetic letters, get the child to use the letters to make the sight words. Playdough could also be used here.</p> <p>-Write simple sentences using the words 'of, go'. Get the child to copy the sentences on lined paper.</p> <p>-Interactive Game on folens website https://content.folensonline.ie/programmes/Starlight/JI/resources/coreaders/S</p>	<p><u>Literacy - Phonics</u></p> <p><u>Junior Infants</u></p> <p>https://slp.cjfallon.ie/ -Follow the above link and click into Sounds Like Phonics A. Then go into Unit 4: The Zoo and select 'Z'. Repeat the various activities from Monday.</p> <p>-Listen to the Jolly Phonics 'Z' song (song is at 7mins 13 sec) https://www.youtube.com/watch?v=J1ZludcLy8</p> <p>-Practice making 'Z' in a fun way using playdough / with paint / in flour / sand'.</p> <p>*Complete the 'Z' activity in resource section on website.</p>	<p><u>Literacy –Reading</u></p> <p>Children can avail of free online books at https://readon.myon.co.uk/library/search.html . Children can select free books to read based on their interests / reading level. Click on the black search button > reading level > select year 1 / year 2 > search. There is also an audio button to hear the book read out loud for the child.</p> <p><u>Junior Infants</u></p> <p>-Continue reading 'The Duck Pond' -To access interactive sight word games and activities based on this specific reader make a free account on folens.ie and follow the</p>	<p><u>Literacy: Story Time</u></p> <p>- Listen to the story 'The Rainbow fish' https://www.youtube.com/watch?v=QFORvXhub28 -Senior Infants: Draw a picture of their favourite part of the story. Write 4 sentences about what happened.</p> <p>-Junior Infants: Draw a picture of their favourite part of the story and practice writing (on lined paper) and reading words from the story underneath (the, can, get, at, us, and, no, go, to). A challenge here could be to get the child to write simple sentences e.g. I see a fish. He is big. He is good. I have a fish.</p>

	<p>child to write the words on lined paper.</p> <p><u>Senior Infants Phonics</u></p> <p>https://slp.cifallon.ie/ -Follow the above link and click into Sounds Like Phonics B. Then go into Unit 1: The Park and select 'ph'.</p> <p>-Begin with the mouth position video and work your way through the different activities similar to last week.</p> <p>-This weeks senior infant writing challenge: Use the 'What Can you see under the sea' picture in the resource section. Write some sentences about the picture. Feel free to send me a picture of their finished writing challenge!</p>	<p>L JI ACT CH12 003/index.html</p> <p>-Sight word hunt: Write the sight words above on paper and hide them around the room. When the child finds a word they must read it aloud. If they get it right they keep the word if they get it incorrect the word is hid again, they must find it and read it again.</p> <p><u>Senior Infants</u></p> <p>-New words: more, how</p> <p>-Revision of sight words from homework folder and words from last week(<i>people, four, know, from, other, use</i>)</p> <p>-Write 4 sentences using the new sight words 'how' and 'more'</p> <p>-Interactive game on folens website: https://content.folensonline.ie/programmes/Starlight/SL/resources/activities/SL_SI_ACT_CH12_002/index.html</p> <p>-Sight word hunt: Write the sight words above on paper and hide them around the room. When the child finds a word they must read it aloud. If they get it right they keep the word if they get it incorrect the word is hid again, they must find it</p>	<p><u>Senior Infants</u></p> <p>-Looking at ' _ ump' word</p> <p>-Write ' _ump' in the middle of a page. Tell the child to write a sound in front of 'ump' to make a new word e.g. hump, jump, lump, dump, bump, thump, plump.</p> <p>-Challenge the child to see how many _ump words they can write down.</p> <p>*Complete the activity in resource section on website.</p>	<p>following link: https://content.folensonline.ie/programmes/Starlight/SL/resources/corereaders/SL_JI_ACT_CH12_003/index.html</p> <p><u>Senior Infants</u></p> <p>*New reader 'Super Smoothie' can be found in resource section on website.</p> <p>- To access interactive sight word games and activities based on this specific reader make a free account on folens.ie and follow the following link - https://content.folensonline.ie/programmes/Starlight/SL/resources/activities/SL_SI_ACT_CH13_002/index.html</p> <p>-Read a book on the free myOn website linked above!</p>	<p>-Both classes could design and decorate their own rainbow fish. Feel free to send a photo of the child with their finished fish!</p> 
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		and read it again.			
10.30-11.30	Creative time – <i>LEGO, drawing, building, baking, music, etc.</i>				
11.30-11.45	Snack				
11.45 - 12.15	Chore Time – <i>As decided at home. (Examples: wiping surfaces, doing dishes, cleaning their room, tidying toys, etc.)</i>				
12.15-12.45	<p><u>Maths</u></p> <p><u>Senior Infants - Time</u></p> <p>-Watch the YouTube video. Stop the video at various points from 2:07 minutes on and get the child to read the time on the clock and say the answer. https://www.youtube.com/watch?v=Elxaxnageto</p> <p>-Take the batteries out of a watch / clock. Make various hourly times and ask the child to say what time it is.</p> <p>-Throughout the week ask your child to tell you the hourly time at different points throughout the day.</p> <p>-Interactive time activity: http://data.cjfallon.ie/resources/19602/activity-97/index.html (Click on activity 97 and 97 A in top right hand corner)</p> <p><u>Junior Infants – no. 5</u> (Focus: Counting 5)</p> <p>-5 little ducks counting song. Encourage the child to hold up the corresponding amount of fingers for the different parts of the song. https://www.youtube.com/watch?v=TtX8yVEF0-w</p>	<p><u>Maths</u></p> <p><u>Senior Infants - Time</u></p> <p>-Revisit the YouTube video from Monday. Repeat the pause and play activity. https://www.youtube.com/watch?v=Elxaxnageto</p> <p>-Make their own clock using card / paper plates. They could use this clock to help them with different activities.</p> <p>-Draw various clocks of different hourly times on paper. Ask the child to write the correct time underneath.</p> <p>-Make their own clock using card / paper plates.</p> <p>-Interactive time activity: http://data.cjfallon.ie/resources/19602/activity-98/index.html (Click on activity 98 and 98A in top right hand corner)</p> <p><u>Junior Infants - no. 5</u> (Focus: Counting to 5)</p> <p>-5 little speckled frogs counting song https://www.youtube.com/watch?v=TtX8yVEF0-w</p> <p>-Making towers: Get the child to</p>	<p><u>Maths</u></p> <p><u>Senior Infants -Time</u></p> <p>-Recite the poem ‘Hickory, Dickory, Dock’</p> <p>-Take the batteries out of a watch / clock or use the clock they made on Tuesday. Play a ‘show me’ game by calling out a time and getting the child to make that time on the clock.</p> <p>-Complete pg. 34 of the Busy at maths homework book</p> <p>-Interactive time game https://ie.ixl.com/math/sr-infants/match-analogue-clocks-and-times</p> <p><u>Junior Infants - no. 5</u> (Focus: Combining to 5)</p> <p>-Draw a template like the one on pg. 26 of the Busy at maths homework book on paper.</p> <p>-Gather 5 items (pasta shells, lego pieces, pebbles, bottle lids). Place different amounts of each items in each circle that total up to 5 (Similar to pg. 26). Get the child to count the amount in each set, write the number underneath and the total amount. E.g. 3 and 2 make 5, 4 and 1 make 5</p>	<p><u>Maths</u></p> <p><u>Senior Infants –Time</u></p> <p>-Busy at maths interactive activity: http://data.cjfallon.ie/resources/19602/activity-99/index.html</p> <p>-Create their own timetable for the rest of the day by drawing clocks showing hourly times for the rest of the day and a picture of what they are going to do at that time beside it.</p> <p>-Play a game of Whats The Time Mr. Wolf.</p> <p><u>Junior Infants – no. 5</u> (Focus: Partitioning 5)</p> <p>- Draw a template like the one on pg. 27 of the Busy at maths homework book on paper.</p> <p>-Similar to yesterday, gather 5 items (pasta shells, lego pieces, pebbles, bottle lids). Place different amounts of each items in each side of the set that total up to 5(Similar to pg. 27). Get the child to count the amount in each set, write the number underneath and the total amount. E.g. 3 and 2 make 5, 4 and 1 make 5</p>	<p><u>Gaeilge</u></p> <p>-To access the Gaeilge resources log into the folens website (see Week 4 timetable for details on how to make an account) https://content.folensonline.ie/programmes/AbairLiom/JI/resources/Poster/AL_JI_ACT_Postaer_L22_001/index.html</p> <p>-Click into the various different resources and games – curdach 2, focloir, scéal, amhrán, Dán. The children will be familiar with these activities from school.</p> <p><u>S.E.S.E</u></p> <p>-Watch the bottom of the sea video https://www.youtube.com/watch?v=R1Qn2bcZRT0</p> <p>-Get the child to name the sea creatures shown in the video. Discuss animals that live in the sea / don’t live in the sea.</p> <p>*Complete the parts of a fish activity in the resource folder.</p>

	ch?v=pZw9veQ76fo -Making sets of 5. Draw 6 large circles on an A4 page. Give the child play-doh / pasta shells / lego pieces / pebbles. Ask them to put 5 items in each set. After they have put 5 items in each set get them to count the objects with their finger out loud. -Use playdough to make the numbers 1-5 -Interactive Counting to 5 game: https://www.topmarks.co.uk/learning-to-count/underwater-counting	write cut out 5 squares of paper. Write the numbers 1 – 5 on each square. Use lego / cubes / blocks to make towers of 1,2,3,4,5 cubes in a pattern and place the correct numeral under each tower. -Combining and partitioning within 5: place 5 items (pasta shells, crayons, lego pieces) on the table. Get the child to separate the items in as many ways as possible (e.g. 3 and 2, 2 and 3, 1 and 4, 4 and 1) -Interactive Counting to 5 game: https://www.topmarks.co.uk/learning-to-count/underwater-counting	-Busy at maths interactive activity http://data.cifallon.ie/resources/19596/activity-93/index.html (Click on activity 93 and 93 A in top right hand corner) -Complete pg. 26 of Busy at Maths homework book.	-Busy at maths interactive activity: http://data.cifallon.ie/resources/19596/activity-94/index.html (Click on activity 94 and 94 A in top right hand corner) -Complete Busy at maths homework book pg. 27	
12.45- 1.15	Lunch				
1.15 - 2.00	<u>Aistear: Under the sea theme</u> Activity: Play-doh fish Make a variety of underwater creatures with playdough. Videos on YouTube / pictures could be used for inspiration.	<u>Aistear: Under the sea theme</u> Activity: Make a boat from recyclable materials Children could use recyclable materials to make a boat. Make sure to test it out and see if it floats in water!	<u>Aistear: Under the sea theme</u> Activity: Role Play Dress up as a mermaid / merman/ pirate / sea creature using any clothes / materials. Some ideas for role play could be to make a sea cave with / hunt for treasure / walk the plank / pretend to go fishing.	<u>Aistear: Under the sea theme</u> Activity: Arts and Crafts Draw a large outline of a fish on A4 paper for the child. Use celery or small sponges or finger painting to print the scales on the fish.	<u>Aistear: Under the sea theme</u> Activity: Construction Use lego / blocks to create an aquarium. Use the construction materials to make different fish. Encourage the child to discuss their creations with you.
2.00 - 2.15	Mindfulness activity of the day (for parents too)				
	Take 10 deep breaths- 'smell the flowers and blow out the candles'	Listen to sensory, relaxation music (using headphones if possible) https://www.youtube.com/w	Complete a cosmic yoga video on YouTube.	Do a jigsaw puzzle.	Blow bubbles- if there are no bubbles in the house you could fill a cup or container with water and fairy liquid



		atch?v=xir91dOrO64			and use a straw to blow bubbles into the cup.
2.15 - 4.00	Outdoor Activities – (go on a spring walk/ hunt, write with chalk, ride their bike, hunt for mini beasts) Messy Play – (playing with water, sand, pasta, shaving foam, play- doh, slime, finger painting, printing with paint)				

Junior & Senior Infants (Ms West's Class)


30th March- 3rd April 2020

Learning Opportunities & Daily Routine

The layout and content are suggestions. It is not compulsory to follow or complete.

	Monday	Tuesday	Wednesday	Thursday	Friday
Before 9.00am	Wake Up - Eat breakfast, get dressed, brush your teeth, etc.				
9.00-10.00	Fine motor activity - see table below. Choose an activity each day. Feel free to choose more than 1 per day.				
10.00-10.30	<p style="text-align: center;"><u>Maths</u></p> <p>2D Shapes recap: Listen to the shape song again on YouTube. https://www.youtube.com/watch?v=vLeQJL-28K0</p> <p>Like last week, use playdough, string or lollipop sticks to make all the 2D shapes mentioned in the song.</p> <p>Work with your child to make all the shapes, once they are made assess how well your child knows the shapes, say: “show me the circle”, “show me the square”, etc.</p>	<p style="text-align: center;"><u>Maths</u></p> <p>Listen to and sing along with ‘5 Little Ducks’ on YouTube (If you have rubber ducks you could number them 1-5 and children will engage with them throughout the song). https://www.youtube.com/watch?v=pZw9veQ76fo</p> <p>Making sets up to 4: using any objects, such as toys, work with your child to organise the toys in groups of 1-4. once the sets are made, encourage your child to count all the sets and use your fingers to emphasise the number. Write the numbers 1-4 on pieces of paper and have your child match them to the correct set.</p>	<p style="text-align: center;"><u>Maths</u></p> <p>Listen to the song ‘5 little monkeys swinging in a tree’ on YouTube. Encourage the child to use their fingers to count and sing along- you could also use objects such as lollipop sticks with numbers 1-5 on them. https://www.youtube.com/watch?v=sy0Zr_UrFp0</p> <p>Number formation (multisensory)- Using the ‘playdough mats’ from the resource folder, print out numbers 1-4 and place into a poly-pocket/plastic pouch if possible. Have your child practice making the numbers 1-4 in a</p>	<p style="text-align: center;"><u>Maths</u></p> <p>Listen to ‘5 little men in a flying saucer’ on YouTube. https://www.youtube.com/watch?v=2E3p_51tJx0</p> <p>All about the number 4: Practice writing the number 4 again using the same suggested activities as yesterday. Print out the worksheet from the resource folder and have your child complete it.</p>	<p style="text-align: center;"><u>Maths</u></p> <p>Listen to the song ‘5 little speckled frogs’ on YouTube. Again, use numbered objects if possible. https://www.youtube.com/watch?v=WSC-gHBU_d0</p> <p>Re-do some of the activities from throughout the week, such as making sets of 1- and practice writing the numerals in a fun way. Click on the link below and have your child complete the online game: https://www.topmarks.co.uk/learning-to-count/teddy-numbers</p>

			baking tray of flour, sand, salt, fairy liquid, or whatever you have. Call out the number you want the child to make and if they are struggling use the play dough mats to show them.		
	In addition: it would be useful to listen to the days of the week song, every day and have child engage in their visual calendar at home. https://www.youtube.com/watch?v=oKqAblcwFOA				
10:30-11.00	Sensory break- see table below timetables. Choose 2 activities from each box.				
11.00-11.30	Snack Time- Encourage child to help with the preparing and tidying up of lunch as much as possible.				
11.30-12.00	<p><u>Literacy</u> Phonics: Using the Jolly Phonics app- revise all the known sounds ‘s,a,t,i,p,n’ and now move onto the ‘c’ sound. Continue to encourage child to make the letter with their finger using a rough surface.</p> <p>Click onto the link below: https://slp.cjfallon.ie</p> <p>Choose ‘sounds like phonics, then ‘Unit 2- The market’ and click on the letter ‘c’. Begin with ‘introduction to the letter’ Then click on the /mouth position’ activity- use a mirror with this activity, if possible.</p>	<p><u>Literacy</u> Phonics: Repeat yesterday’s activities to consolidate learning. https://slp.cjfallon.ie</p> <p><i>Activity:</i> Go on a sound hunt around the house, searching for objects that begin with the ‘c’ sound.</p> <p>On a blank piece of paper, write the letter ‘c’ at the top or in the middle of the page, have your child draw some of the things they find on their shape hunt and colour them in.</p>	<p><u>Literacy</u> Phonics: Continue to practice Monday’s activities, focusing on the ‘c’ sound. https://slp.cjfallon.ie Download the ‘the letter c’ activity sheet in the resource folder and have your child complete it.</p>	<p><u>Literacy</u> Story: Click on the link to listen to the story ‘Commotion in The Ocean’ https://www.youtube.com/watch?v=9pRhgz8Jffs Print out the ‘word mat’ in the resource folder and encourage your child to engage with the pictures of the sea creatures during the story. After, ask your child to point to the animals you say, ‘show me the penguin’, etc. There will also be Under the Sea colouring sheets available to download in the resource folder-choose 1 or more for your child to complete.</p>	<p><u>SESE</u></p> <p>Listen to the song ‘everyone needs a home’ on YouTube https://www.youtube.com/watch?v=kGO2se-tjBo</p> <p>Download and print out the ‘sorting animals’ activity sheet in the resource folder, have your child cut, stick and sort the animals.</p>

	Next click onto the ‘letter formation’ activity and have your child practice this- if this is too difficult, your child could practice this in a different way by using flour, sand, salt, playdough etc. Lastly, finish off with the ‘sound disclination’ activity.				
12.00-12.15	Sensory break- see table below timetables. Choose 1 activity from each box.				
12.15 - 1.00	Aistear Theme- Under the Sea				
	Activity: Play-doh fish Make a variety of underwater creatures with playdough. Videos on YouTube / pictures could be used for inspiration.	Activity: Make a boat from recyclable materials Children could use recyclable materials to make a boat. Make sure to test it out and see if it floats in water!	Activity: Role Play Dress up as a mermaid / merman/ pirate / sea creature using any clothes / materials. Some ideas for role play could be to make a sea cave with / hunt for treasure / walk the plank / pretend to go fishing.	Activity: Arts and Crafts Draw a large outline of a fish on A4 paper for the child. Use celery or small sponges or finger painting to print the scales on the fish. 	Activity: Construction Use lego / blocks to create an aquarium. Use the construction materials to make different fish. Encourage the child to discuss their creations with you.
1.00 - 1.30	Lunch Time- Encourage child to help with the preparing and tidying up of lunch as much as possible.				
Gross motor activities to practice					
1.30 - 1.45	Play catch while bouncing on an exercise ball, trampoline or bed.	Wrap and roll- roll your child up in a blanket tightly and rapidly and safely roll her/him out!	Wall push ups- Make sure your child is pushing in and out with their face facing the wall, and their body straight e.g. back, bum and legs in a vertical alignment. Try x10 take a break and try it another	Tug of war- Tug of war (e.g. use a towel to play tug of war with a partner using both hands; place pillows/bean bag behind each child, so that if they fall or lose their balance, they can crash into the pillows).	Follow the activities in the video- https://www.youtube.com/watch?v=KG3AO6IJ4BQ



			few times.		
<i>Mindfulness activity of the day (for parents too)</i>					
1.45-2.00	Take 10 deep breaths- 'smell the flowers and blow out the candles'	Complete a cosmic yoga video on YouTube.	Blow bubbles- if there are no bubbles in the house you could fill a cup or container with water and fairy liquid and use a straw to blow bubbles into the cup.	Do a jig-saw puzzle.	Dragon breathing- sit up straight, breathe in, stick your tongue out, and breathe out like a dragon.
2.00 - 4.00	Outdoor Activities – (go on a spring walk/ hunt, write with chalk, ride their bike, hunt for mini beasts) Messy Play – (playing with water, sand, pasta, shaving foam, play- doh, slime, finger painting, printing with paint)				

Junior & Senior Infants (Ms. Maguire's Class)

20th – 24th April 2020

Learning Opportunities & Daily Routine

The layout and content are suggestions. It is not compulsory to follow or complete.


*Anything marked with * has accompanying resources in the resource folder on the website*

	Monday	Tuesday	Wednesday	Thursday	Friday
Before 9.00a m	Wake Up - Eat breakfast, make your bed, get dressed, brush your teeth, etc.				
9.00 -	Fine motor activity - see table below. Choose an activity each day. Feel free to choose more than 1 per day				

10.00					
10.00 - 10.30	<p><u>Maths</u> Focus: Numeral 8 Activities:</p> <ul style="list-style-type: none"> Numeral 8 Cutting and Painting: Print off the numeral 8 template attached to this weeks email. Ask your child to cut it out and place it onto an A4 sheet. Ask your child to paint over the complete page. This can be done using a paintbrush or a sponge. After a short while, ask your child to pull the numeral 8 off the painted page. The numeral 8 will now be seen clearly. When the paint has dried, place some glue on the outline of the numeral 8. Pour some glitter on the glue (this is an optional step as I know glitter in the home isn't always a great idea!). This can now be used as a reference for the remainder of the week. Making Sets of 8: Place a number of small objects that are normally around the house on the table, e.g. clothes pegs, apples, grapes, toys, etc. Place 	<p><u>Maths</u> Focus: Numeral 8 Activities:</p> <ul style="list-style-type: none"> Playdough number: Ask your child to make the number 8 using playdough. Ask your child to make the numbers 0-8 using playdough and place them in the correct order on the table http://data.cjfallon.ie/resources/19602/activity-50/index.html Follow the link above. Ask your child to complete Activity 50 and Activity 50A. 	<p><u>Maths</u> Focus: Numeral 8 Activities:</p> <ul style="list-style-type: none"> Download the 'All About the Numeral 8' PowerPoint that is attached to this week's email. It includes lots of interactive activities for your child to complete in relation to the numeral 8. Writing the numeral 8: Practice writing the numeral 8 with your child using pencil and paper. I have attached a Numeral 8 practice sheet to this weeks email which can be printed and used for this activity if you wish 	<p><u>Maths</u> Focus: Numeral 8 Activities:</p> <ul style="list-style-type: none"> Making sets of 8: Print and laminate if possible) the playdough mats attached to this weeks email. You do not need to print all of them, sk your child to pick their favourite and work from it. You can write in a number from 0-8 into the circle and ask your child to make that number of objects using the playdough. http://data.cjfallon.ie/resources/19602/activity-51/index.html Follow the link above. Ask your child to complete Activity 51 where they have to count the number of objects and write the correct number. http://data.cjfallon.ie/resources/19602/activity-52/index.html Follow the link above. Ask your child to complete Activity 52 and Activity 52A 	<p><u>Maths</u> Focus: Numeral 8 Activities:</p> <ul style="list-style-type: none"> Revise the 'All About the Numeral 8' PowerPoint form earlier in the week. http://data.cjfallon.ie/resources/19602/activity-53/index.html Follow the link above. Ask your child to complete Activity 53 and Activity 53A where they have to practice counting and writing the numerals 0-8. Practice writing the numeral 8: Ask your child to practice writing the numeral 8. You can write the numeral a number of times on a sheet of paper and ask him to trace over it. Then ask your child to write the numeral independently.

	three plates on the table in a row. Ask him to put 8 pegs on the first plate, 8 apples onto the second plate, and 8 toys onto the last plate. Explain to your child that each plate has a set of 8 objects.			where they have to count and create sets.	
10.30 - 11.00	Sensory break- see table below. Choose 2 activities from each box.				
11.00 - 11.30	Snack Time- Encourage child to help with the preparing and tidying up of lunch as much as possible				
11.30 - 12.00	<p><u>Literacy</u> Focus: Oral Language</p> <ul style="list-style-type: none"> • https://content.folensonline.ie/programmes/Starlight/JI/resources/posters/SL_JI_ACT_CH14_005/index.html • Click on the link above. It will bring you to the 'The Supermarket' oral language poster. Click on story 1 and allow your child to listen to the story twice. • Following this, ask your child to complete the labelling activity. • Click on the 'Questions' activity. The poster will ask questions, encourage 	<p><u>Literacy</u> Focus: Phonics – Revision r </p> <ul style="list-style-type: none"> • Begin by asking your child to listen to the songs for the above sound on the JollyPhonics Songs App. Encourage him to sing along and make the associated action for the sound. • https://slp.cjfallon.ie/ • Follow the above link and click into Sounds Like Phonics A. Then go into Unit 3: The Toy Shop. • Begin by clicking into the r sound and ask your child to play the 'Sound Discrimination Activity'. • Next, click into the 'Letter Formation Activity'. Here your child can watch how 	<p><u>Literacy</u> Focus: Phonics – Revision u </p> <ul style="list-style-type: none"> • Begin by asking your child to listen to the songs for the above sounds on the JollyPhonics Sounds App. Encourage him to sing along and make the associated action for the sound. • https://slp.cjfallon.ie/ • Follow the above link and click into Sounds Like Phonics A. Then go into Unit 3: The Toy Shop. • Begin by clicking into the u sound and ask your child to play the 'Sound Discrimination Activity'. 	<p><u>Literacy</u> Focus: Phonics – Revision n </p> <ul style="list-style-type: none"> • Begin by asking your child to listen to the songs for the above sounds on the JollyPhonics Sounds App. Encourage him to sing along and make the associated action for the sound. • https://slp.cjfallon.ie/ • Follow the above link and click into Sounds Like Phonics A. Then go into Unit 3: The Toy Shop. • Begin by clicking into the n sound and ask your child to play the 'Sound Discrimination Activity'. 	<p><u>Literacy</u> Focus: Phonics – CVC words</p> <ul style="list-style-type: none"> • https://content.folensonline.ie/programmes/SoundsMakeWords/JI_26/resources/games/SMW_JI26_GAME_Set%20%2003/index.html • Follow the link above to the 'Treasure or Trash' activity. In this activity, the children have to sort real and nonsense words. • Print off the 'I Can Read' activity

	<p>your child to answer the questions orally. You could use colourful semantics when completing this activity.</p> <ul style="list-style-type: none"> Click on the 'activity'. This is a sorting activity. Encourage your child to complete this activity as independently as possible, prompting where necessary. 	<p>to form the letter 'r' and has an opportunity to practice forming the letter on the screen.</p> <ul style="list-style-type: none"> Finally, ask your child to complete the 'Letter Discrimination Activity'. Letter Formation: Ask your child to practice writing the letter 'r'. Used lined paper for this activity and encourage your child to have their letters touching the lines. 	<ul style="list-style-type: none"> Next, click into the 'Letter Formation Activity'. Here your child can watch how to form the letter 'u' and has an opportunity to practice forming the letter on the screen. Finally, ask your child to complete the 'Letter Discrimination Activity'. Letter Formation: Ask your child to practice writing the letter 'u'. Used lined paper for this activity and encourage your child to have their letters touching the lines. 	<ul style="list-style-type: none"> Next, click into the 'Letter Formation Activity'. Here your child can watch how to form the letter 'm' and has an opportunity to practice forming the letter on the screen. Finally, ask your child to complete the 'Letter Discrimination Activity'. Letter Formation: Ask your child to practice writing the letter 'n'. Used lined paper for this activity and encourage your child to have their letters touching the lines. 	<p>attached to this week's email. Ask your child to cut out the pictures at the bottom of the page, read the words and stick the pictures into their correct box. Your child does not have to complete all these pages, just choose one or two.</p> <p>SESE: Focus: Geography: People at Work</p> <ul style="list-style-type: none"> https://content.folensonline.ie/programmes/Explorers/ExplorersJI/resources/demonstrations/EX_JI_DEMO_CH02_005/index.html Follow the link above. Begin by listening to the 'People at Work Story'. After your child has listened to the story, ask him to complete the 'Labelling' activity. Finally, ask your child to complete the 'People at Work
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					Activity’.
12.00 - 12.15	Sensory break- <i>see table below timetables. Choose 1 activity from each box.</i>				
12.15 - 1.00	<u>Aistear: Under the sea theme</u> Activity: Play-doh fish Make a variety of underwater creatures with playdough. Videos on YouTube / pictures could be used for inspiration.	<u>Aistear: Under the sea theme</u> Activity: Make a boat from recyclable materials Children could use recyclable materials to make a boat. Make sure to test it out and see if it floats in water!	<u>Aistear: Under the sea theme</u> Activity: Role Play Dress up as a mermaid / merman/ pirate / sea creature using any clothes / materials. Some ideas for role play could be to make a sea cave with / hunt for treasure / walk the plank / pretend to go fishing.	<u>Aistear: Under the sea theme</u> Activity: Arts and Crafts Draw a large outline of a fish on A4 paper for the child. Use celery or small sponges or finger painting to print the scales on the fish. 	<u>Aistear: Under the sea theme</u> Activity: Construction Use lego / blocks to create an aquarium. Use the construction materials to make different fish. Encourage the child to discuss their creations with you.
1.00 - 1.30	Lunch Time- <i>Encourage child to help with the preparing and tidying up of lunch as much as possible.</i>				
1.30 - 2.00	Gross Motor Activities – <i>Choose one activity per day from the booklet attached in the email</i>				
2.00 - 2.15	Mindfulness activity of the day (for parents too)				
	Go for a short walk outside- in the garden or around your house. Smell the flowers and listen for the sounds of spring.	Sensory jar- make a sensory jar with your child. Use a glass jam-jar or water bottle. Simply add water, food colouring and baby oil to the jar or water bottle. You can add glitter too if you wish.	Fill a basin of water and fairy liquid and use a straw to blow bubbles.	Squeeze a stress ball- If you have balloons you could fill them up with sand, rice or flour for the child to squeeze. Otherwise you could use putty or playdough.	Dragon breathing- sit up straight, breathe in, stick your tongue out, and breathe out like a dragon.
2.15 - 4.00	Outdoor Activities – (go on a spring walk/ hunt, write with chalk, ride their bike, hunt for mini beasts) Messy Play – (playing with water, sand, pasta, shaving foam, play- doh, slime, finger painting, printing with paint)				

Fine Motor Skill Activities				
Monday: Playdough	Tuesday: Cutting	Wednesday: Squeeze/pinch	Thursday: Art	Friday: Miscellaneous
Hide and seek: Place small beads, toys, counters, marbles, etc. into dough and roll dough into ball: Child has to use finger skills to pull pieces out of dough and remove all dough from the pieces.	Magazine cutting: Give child old magazines and catalogues to cut out pictures, around people.	Cheerio stack: place dry spaghetti pieces upright into a lump of playdough. Child to place as many cheerios onto the spaghetti piece without breaking it.	Cotton bud painting: place paint tray and cotton buds on table. Give child a shape pattern sheet (attached) and model how to dot around the lines with paint, applying pressure as needed.	Stacking: give child stackable objects; jenga, sugar cubs, blocks, to practice building towers.
Dough and cutters: roll dough into ball and flatten with the palm of their hand. Use cutters to apply pressure to make dough shapes.	Straws: give children straws to cut up into small sections for lacing activities.	Lid twists: using jam jars and bottles practise twisting the lids on and off.	Printing: gather lego blocks, lids, toy cars and pasta shapes and dip them into shallow trays of paint and print onto paper to create your own pictures.	Balloon bounce: blow up balloons (oral motor) and practise keeping the balloons up in the air, using your index finger.
Rolling dough: Give child a piece of dough and a rolling pin. Practise using pressure to roll out dough into a flat shape and use cutters to cut out shapes.	Spaghetti: cook spaghetti and drizzle with a little oil to store in a box. Encourage child to hold spaghetti and cut it up into pieces.	Pulling washi/masking tape: Stick tape to the tables and push down to secure it. Model how to pull tape up using pinching fingers. Encourage child to pull up the tape and then place it back down, pushing firmly on it to secure it.	Number dot/trace: Write numbers 1 - 10 in large print onto a sheet of paper. Give child paint and cotton buds to dot or trace over the numbers.	Stirring: Fill clear plastic cups with water and add a drop of paint to each. Give child spoons to stir the mixture to make coloured water. Model how to hold cup with one hand to stabilise and mix with the other. Store in bottles for later use.
Hedgehog: Give child a piece of dough and model how to roll into a ball using 2 palms. Press ball onto the table to give it a flat bottom and pinch one side of it to make a nose. Use google eyes and match sticks to decorate.	Waves: Draw waves onto a piece of paper and have child follow the lines using their scissors (can be done using straight lines also).	Syringes: fill pots with water and food dye or a drop of paint to colour the water. Model how to pull back handle to suck it up and then push into bottle lids/bowls/containers. Count how many syringe-fulls you need to fill the containers.	Finger painting: encourage child to dip their fingers into the paint and drag fingers or dot fingers to paint on paper	Buttons: give child clothing (cardigan, shirt, t-shirt) with buttons and have them practice opening and closing the buttons. To extend this have the child wear the piece of clothing and button it while wearing it. (Also try similar activity on items with zips)

Dough cutlery: Ask child to made dough balls and dough sausages. Give them a knife and fork (plastic) to practise stabilising one with the fork and cutting into small pieces with the knife.	Squares/rectangles/triangles: Draw different shapes onto a page and have children cut them out. Model how to turn the page and make continuous scissor snips.	Bottle squirting: using washing up liquid and sports top bottles and fill with coloured water (food dye), Children practise squeezing to empty bottles into sink or basins.	Sculptures: Collect toilet roll tubes and punch holes into them: lace through ribbons/wool/straws, etc to make a standing Art sculpture.	Threading: Punch holes in a piece of card and have child thread the lace through the card. Alternatively, use objects such as buttons, cheerios or any object with a hole.

Sensory Break Ideas

Choose activities from each box. It is important to follow the activities in the order given: *awakening, organising, calming.*

Sensory Awakening Activities

- Jump on a trampoline
- Running and jumping games
- Play in a sand pit with wet sand
- Bounce on a pogo stick
- Jump up and down on the spot
- Star jumps
- Run
- Step ups
- Walk up and down the stairs

Sensory Organising Activities

- Crab walk
- Press ups
- Roll on tummy on exercise ball
- Wheelbarrow walk
- Play catch with a heavy ball
- Wear a heavy backpack and walk for a few minutes
- Ride a bike
- Go on a scooter

Sensory Calming Activities

- Squeeze a stress ball
- Roll tightly into a blanket
- Bear hug
- Sit with pillow/weighted blanket etc. on lap
- Play with fidget toy
- Go on a swing
- Ball squash- child lies on stomach and a ball is rolled up and down by the adult
- Play in sand
- Listen to music